

NC Cooperative Extension  
Iredell County Center  
**Iredell Informed Newsletter**  
March 2021 Edition

**Plant Sale**

**Plant Sale Ends March 8th!**

Iredell County Extension Office Plant Sale will stop accepting orders after March 8th! Be sure to get your order in. For more and ordering information check out our [Plant Sale Page](#).



**Small Farms Week: Canned Food Collection**

Small Farms Week is coming up. Iredell County Cooperative Extension will be collecting canned goods and other nonperishable food items. This is part of a Statewide campaign that feeds the hungry and celebrates small farmers.

**If interested in helping, Please bring any donations to 444 Bristol Drive in Statesville by March 19<sup>th</sup>.** Everything collected will help feed those in need in our community.

# Small Farms Week

*Inspiring Farmers, Sustaining Farms*

**March 22–28, 2020**



**N.C. A&T**  
STATE UNIVERSITY™

**COOPERATIVE  
EXTENSION**

## **Small Farms Week: Activities available through NC Cooperative Extension and North Carolina A&T State University**

March 21-27 9:30am-2:00pm

Cooperative Extension at North Carolina A&T State University celebrates the 35th annual Small Farms Week, a weeklong recognition of small farmers and the essential role they play in our economy, and our health and well-being. Each year, Small Farms Week helps the general public understand farming by highlighting a Small Farmer of the Year, who exemplifies the innovation, dedication, and positive contributions of small-scale farmers to our communities. [Find more information and register online.](#)

## **COVID Update**



The Iredell County Health Department is currently offering COVID-19 Vaccines for those in Vaccine Groups 1, 2 and 3.

For more information on upcoming clinics and to schedule an appointment, please visit their [website](#) and for questions please call 704-878-5300 and press "1" to reach the staffed COVID Vaccine help-line.

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**--March3rd--**

**NC entered Group 3 for Vaccinations**



## COVID-19 Vaccinations: Your best shot at stopping COVID-19.

YOU HAVE A **SPOT.** | TAKE YOUR **SHOT.**

You have a spot, take your shot. A tested, safe and effective vaccine will be available to all who want it, but supplies will be limited at first. To save lives and slow the spread of COVID-19, independent state and federal public health advisory committees recommend first protecting health care workers, people who are at the highest risk of being hospitalized or dying, and those at high risk of exposure to COVID-19. Keep practicing the 3 Ws—wear a mask, wait six feet apart, wash your hands—until everyone has a chance to get vaccinated.



**Group Three includes Frontline Essential Workers, this includes individuals involved in Food and Agriculture- including:** • Meat packing workers • Food processing workers • Farm workers • Migrant farm/fishery workers • Food distribution and supply chain workers • Restaurant workers

[For More Information- See NCDHHS's Deeper Dive for Group 3](#)

### Concerns about getting the COVID vaccine??

Don't let concerns and misinformation get in your way of protecting yourself and others. Check out these infographics in both [English](#) and [Spanish](#) to help ease those worries and concerns!



Please remember that all county offices are still operating under a mask mandate. So be sure to have



We still have PPE kits (cloth and surgical face masks, hand sanitizer) for agricultural workers available for any farms who want

a mask handy before visiting county office buildings, and if you forget, county offices have some to give out, as needed.

to come and pick them up at the Iredell County Extension Office. These kits are first come, first serve. Please call (704) 873-0507 to request kits and to make arrangements to get them.

### If you leave home, know your Ws!



## 4-H and Youth Development



**Iredell County Cooperative Extension**  
**444 Bristol Drive, Statesville, NC 28677**

**For Youth 11 to 14 years old (as of January 1st)**

**\$8.00 Registration Fee**

**Please Register by: March 12th, 2021**  
**704-873-0507**

**Limited to 8 youth**

**Please Enroll youth in 4-H online @**  
<https://www.4honline.com/>

### **Come join us for a "Feelin Green Foods"**

We will prepare our meal from start to finish and enjoy supper together.



## Spring Pruning Demonstration

Horticulture Agent, Matt Lenhardt, and Extension Master Gardener<sup>SM</sup> Volunteer Association of Iredell County Members will be hosting the pruning demonstration event in the office's demonstration garden.



The workshop will take place **Tuesday, March 23, 2020, in 2 Repeated Sessions:**  
**(1st) 10 to 10:45 a.m. and (2nd) 11 to 11:45 a.m.**

The demonstration garden is located behind the Iredell County Agriculture Center Building, with parking and easy access to the garden.

The pruning demonstrations will include peaches trees, muscadine vines, fig trees, blueberry bushes, and other shrubs/grasses.

Social Distancing and Masks are expected, and this workshop will be observation only due to COVID protocols.

Spots are limited, 15 per session, so please [register](#).  
Call (704-873-0507) with any question or for more information.

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### Keeping Crabgrass Out of Your Lawn

*By Matt Lenhardt, NC Cooperative Extension Service Iredell County*

Crabgrass and other warm season grasses begin to germinate when soil temperatures reach 55 – 60 degrees on a consistent basis. So if you want to keep away a lot of those summer weeds, apply a pre-emergent herbicide to your lawn. Pre-emergent herbicides bind to the top one inch of soil and create a chemical barrier where weeds germinate. However, they only work on weed seed before they emerge, so if you have a lot of perennial weeds (white clover, dandelions, dallisgrass, etc.) that come back from rhizomes and roots, pre-emergents won't be effective. They also won't be effective on most annual weeds that have already emerged, in which case a "post-emergent" herbicide should be used. Pre-emergent herbicides come in liquid, powder, or granular form. The most convenient method of application for homeowners is to apply a combination fertilizer/pre-emergent herbicide in a granular form. Pre-emergent herbicides must then be watered into the soil to be effective.

Also remember that timing is very important when applying pre-emergent herbicides. It is recommended to apply one split application of pre-emergent herbicide in mid-February, and again in mid-April to cover early and later germinating weeds. But if you're reading this article (in March) it's not too late to get some benefit from a pre-emergent application. Since most pre-emergents last about 8 weeks in the soil, and there is still a lot of weed germination going on in March, I would recommend getting your pre-

emergent down as soon as you can, so you can enjoy your lawn this summer!

## Family and Consumer Science



### Broccoli Kale Spinach Salad

*servings: 2 prep time: 10mins total time: 10 mins*

Delicious for lunch for 2.

#### Ingredients

- 6 tablespoons extra virgin olive oil
- 4 tablespoons white balsamic vinegar
- salt & pepper
- 2 cups broccoli slaw
- 2 cups chopped kale
- 2 cups baby spinach leaves
- 1/3 cup dried cranberries
- 1/3 cup roasted sunflower seeds



- 1/3 cup walnuts
- 1 1/2 cup rotisserie chicken, *chopped*

## Instructions

- In a small bowl, mix olive oil with white balsamic vinegar.
- Add salt & pepper to taste.
- In a large bowl, toss the broccoli slaw, kale, spinach, dried cranberries, sunflower seeds with dressing until well combined. Add chopped chicken.
- Toss and serve.



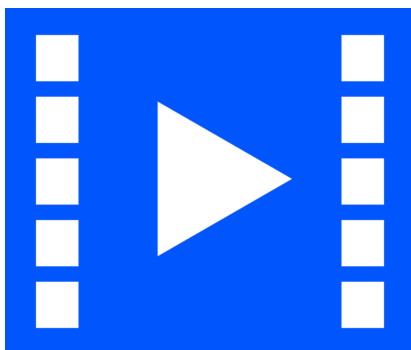
## Dairy



## Agricultural Safety Awareness Week

Agricultural Safety Awareness Week is February 28<sup>th</sup> – March 6<sup>th</sup> and this year's theme is "Driving Safety Home". Agriculture is the number one industry in Iredell County and there is not a day that goes by that you don't meet or get behind farm equipment as they are moving from farm to field to feed animals and plant or harvest crops so we can have a safe and abundant supply of food. When you meet or get behind farm machinery on the road; the number one piece of advice that I can give you is to be PATIENT. In North Carolina, 51% of all crashes involving farm equipment result in injury or death. A car traveling 55 mph will take seven seconds to reach slow moving farm equipment 400 feet ahead. Equipment operators will move over when it is safe to do so.

## Crop and Livestock



[Webinar video-recording](#) available for  
**Wheat Disease, Insect and Crop  
 Management Updates--** Check it out!

# Value of a Fungicide Seed Treatment in NC Soybeans

[Field Report Article Available](#)



Any youth aged 8-18 are invited to join

## 4H LIVESTOCK JUDGING

The next practice will be held on  
March 11th at 6:30 PM online via Zoom.

Email [laura\\_elmore@ncsu.edu](mailto:laura_elmore@ncsu.edu) for more information!



ROWAN COUNTY CENTER

**NC** COOPERATIVE  
EXTENSION



# FIRE ANT MANAGEMENT WEBINAR

Free  
of Charge

March 9, 2021 6:30 pm-7:30 pm

1 HOUR OF  
**X, D, N, O**

[HTTPS://GO.NCSU.EDU/FIREANTWEBINAR](https://go.ncsu.edu/fireantwebinar)

Go to this eventbrite link to register. A Zoom link will be sent to you. The Fire Ant Management Webinar will cover timely application, how to apply and recommended products for pastures, hay fields and lawns.



NC State University and N.C. A&T State University commit themselves to positive action to secure equal opportunity and prohibit discrimination and harassment regardless of age, color, disability, family and marital status, genetic information, national origin, political beliefs, race, religion, sex (including pregnancy), gender identity, sexual orientation and veteran status. NC State, N.C. A&T, U.S. Department of Agriculture, and local governments cooperating. Accommodation requests related to a disability should be made at least three weeks prior to the event to Amy Lynn Allenton, 704-232-8870 or amy\_allenton@ncsu.edu. See event to Amy Lynn Allenton, 704-232-8870 or amy\_allenton@ncsu.edu.

## Continue to catch Extension on WAME

Extension continues to have daily slots on the local radio station,  
WAME 92.9FM/550AM!

Check them out at 6:40am and 6:40pm

**Mondays-** Taylor Jenkins and Kelly Pierce for 4-H/Youth Development

**Tuesdays-** Andrea Sherrill for Family & Consumer Science

**Wednesdays-** Matt Lenhardt for Horticulture

**Thursdays-** Laura Elmore and Jenny Carleo for Crops and Livestock

**Fridays-** Nancy Keith, Dairy and Extension Director News



Interested in viewing previous editions of the "Iredell Informed Newsletter"?  
Check out the [Newsletter Archive Webpage](#).

## Need to get in touch with Extension Staff?

--Just click on the person below--

### **Agents/Associates:**

**Nancy Keith:** County Extension Director, Dairy

**Andrea Sherrill:** Family & Consumer Science

**Jenny Carleo:** Area Specialized Agent, Grain Crops

**Laura Elmore:** Livestock and Crops

**Matt Lenhardt:** Horticulture

**Taylor Jenkins:** 4-H Youth Development

**Kelly Pierce:** 4-H Program Associate

### **Support Staff:**

**Beth Cloninger**

**Stephanie Watts**

**NC Cooperative Extension- Iredell County Center**

[444 Bristol Drive Statesville NC 28677] - [704-873-0507] [<https://iredell.ces.ncsu.edu/>]



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