



Iredell County Center  
"Iredell Informed Newsletter"  
November 2020

Thank you, Farmers!



**Normally, this time of year, we honor our local farmers through our Farm-City Week event, sponsored through the Kiwanis Club and the Iredell County Extension office. Yet, like so much this year, we will have to extend our gratitude virtually.**

"Thank you- to all of our farmers for all of your hard work each and every day and for your perseverance and commitment to provide food and fiber for all!! The staff at Cooperative Extension cannot thank you enough for all of the assistance that you give our office by providing resources for on-farm demonstration trials, hosting field days, workshops and farm tours. THANKS FOR ALL YOU DO!!"

(Nancy Keith, Iredell County Extension Director)

"Not many people pause to think about the stuff we eat and drink. Maybe they knew about the cow, but do they really wonder how its milk gets to our breakfast table, all the way from udder to label. Or what about our spuds and beans, carrots, fruit and all those greens. From hors d'oeuvres to dessert, all we eat comes out of dirt! To some perhaps it is a shock, but let's agree, our farmers rock! Thank you farmers." (Author Unknown)

(Andrea Sherrill, FCS Agent)

"Today, we give thanks for the food on our tables, the clothes on our backs, and the farmers who made it all possible!" (Author Unknown)  
(Beth Cloninger, Admin. Assistant)

"Each time I visit a farm I am thankful for you and your hard work. I am always inspired by your perseverance in hard times and your success in good times. A special thanks to our veterans this month for your service and the sacrifices you made to protect us and our freedom."  
(Jenny Carleo: Area Specialized Agent, Grain Crops)

"I would like to say Thank you to the farmers of Iredell County. Thank you for the long hours that you give, the time away from your family and the continuous food on our tables!" (Kelly Peirce, 4-H Program Associate)

"I want to say thank you to each of the farmers and producers that we have the pleasure of working with throughout the year. Your hard work and dedication to this lifestyle is a challenge that few take on. I am constantly impressed by the creativity, innovation, and perseverance that each of you possess. It is a privilege to work with you all!" (Laura Elmore, Livestock/Crop Agent)

"When compared to so many parts of the world that struggle with food shortages and high food prices, we are truly blessed in our country to have the great farmers that we have...thank-you for all you do!"  
(Matt Lenhardt, Horticulture Agent)

"To all of our Iredell County farmers:  
Thank you for what you do every day to keep us comfortable and fed! We are grateful for the long hours you spend in the fields and the shop, with your livestock, and for the sacrifices that accompany it. Your work matters and I can't wait until we are back in-person to celebrate together!"  
(Taylor Jenkins, 4-H Agent)

"I am so very thankful for those who devote their lives to feeding the world! What a task to undertake, and one that is so often over-looked! Paul Harvey was right when he wrote 'So God Made a Farmer' back in 1978, and he stated, 'And on the 8th day, God looked down on his planned paradise and said, 'I need a caretaker.' So God made a farmer." Boy, did God get it right! Thanks for being such great caretakers of your land, your family, your community, and the world!"  
(Stephanie Watts, Program Specialist)

NC Cooperative Extension featured some state leaders and speakers for Farm-City Week.  
Check out their videos and thank you gestures [HERE](#).

## Catch Extension on the Radio Weekly on WAME!!

Extension now has daily slots on the local radio station,  
**WAME 92.9FM/550AM!**  
Check them out at 6:40am and 6:40pm

**Mondays-** Taylor Jenkins and Kelly Pierce for 4-H and Youth Development  
**Tuesdays-** Andrea Sherrill for Family & Consumer Science



**Wednesdays**- Matt Lenhardt for Horticulture

**Thursdays**- Laura Elmore and Jenny Carleo for Crops and Livestock

**Fridays**- Nancy Keith, Dairy and Extension Director News



## Veteran's Day



**Thank you for all who served and are serving. We are truly indebted to you.**

The Iredell County Extension Office, and other Iredell County buildings will be closed,

**Wednesday, November 11th,**  
in honor of Veteran's Day.

We will also be closed **Thursday and Friday, November 26th and 27th** for Thanksgiving.

## COVID-19 Update

### **Mask are still required:**

Masks are still required: Please remember that all county offices are still operating under a mask mandate. So be sure to have a mask handy before visiting county office buildings, and if you forget, county offices have some to give out, as needed.



### **PPE for Agriculture Workers**

We still have PPE kits (cloth and surgical face masks, hand sanitizer) for agricultural workers available for any farms who want to come and pick them up at the Iredell County Extension Office. These kits are first come, first serve. Please call Iredell County Cooperative Extension (704) 873- 0507



to request kits and to make arrangements to get them.

## Crops and Livestock

### Marketing and Weed Control Update- Webinar

Join us online for Part 2 of our "Wheat Production Series" on November 6, 2020, from 8 to 9 a.m.. NC State Extension specialists will be providing the latest information for you on crop marketing and weed control. For more [information](#) and [registration](#), check out these links!

In case you missed the [first session](#), earlier this fall, the session was recorded and is available.

#### Wheat Production Series - Part 2

### Marketing and Weed Control Update

NC State Extension Specialists will be presenting online via Zoom.

**November 6, 2020  
8 a.m. - 9 a.m.**

**Call or go online to register**

Cumberland County Extension Office  
(910) 321-6860



[tinyurl.com/Wheat2020Part2](https://tinyurl.com/Wheat2020Part2)



**Dr. Nicholas Piggott**  
Professor and Extension Specialist  
Agriculture and Resource Economics  
"Utilizing the Grain Marketing Tool"



**Dr. Wesley Everman**  
Professor and Extension Specialist  
Small Grain and Soybean Weed Science  
"Post-Emergent Weed Control in Wheat"

Hosted virtually by the  
**Cumberland County  
Extension Office**



**NC COOPERATIVE  
EXTENSION**



Accommodation requests related to a disability should be made by October 30, 2020 to Jason Weatherington at 910-321-6875 or [jason\\_weatherington@ncsu.edu](mailto:jason_weatherington@ncsu.edu). NC Cooperative Extension prohibits discrimination and harassment on the basis of race, color, national origin, age, sex (including pregnancy), disability, religion, sexual orientation, gender identity, and veteran status.



### Official Variety Test: Soybean Variety Selection

Variety selection is one of the most important choices you'll make all year. Out of the hundreds of soybean varieties available how do you know what to choose? Check out the new [video and article](#) that will give you the 2020 update.

### Have Your Herd? Webinar Series now available for livestock producers.

#### Upcoming Livestock Meetings (Virtual)

**[November 17, 2020- Beef Cattle  
Efficiency](#)**

December 15, 2020- Cattle Marketing



January 7, 2021- Area Beef  
Conference

February 16, 2021- BQA Chute Side  
Demonstrations

**Be sure to Register!**

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## Have You Herd?

Livestock Meetings

via Zoom platform

7:00 -8:00 PM

### Topics:

September 15, 2020- How to Utilize Winter Annual Forages in Your Beef Herd

October 20, 2020- Grazing Management

November 17, 2020- Beef Cattle Efficiency

December 15, 2020- Cattle Marketing

January 7, 2021- Area Beef Conference

February 16, 2021- BQA Chute Side Demo

Register online: [go.ncsu.edu/haveyouherd](https://go.ncsu.edu/haveyouherd)

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## Coronavirus Food Assistance Program 2

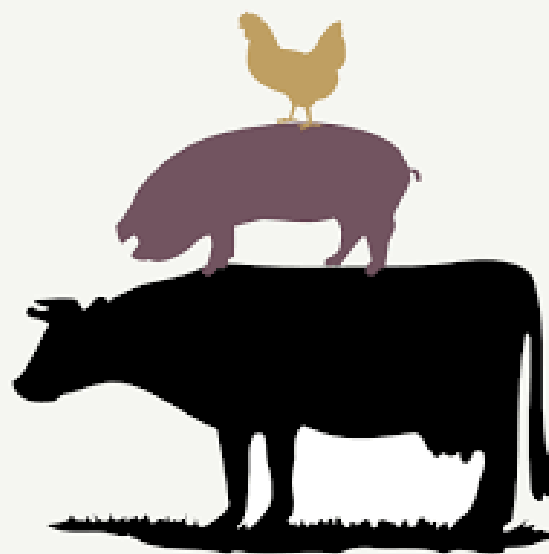
Application for CFAP 2 available NOW until December 11th More  
information at [farmers.gov/cfap](https://farmers.gov/cfap).

## Dairy

**Animal Waste Operator  
Recertification Credits – 3 Hours  
Virtual  
Tuesday, November 10th, 2020**

Three hours of continuing education credit hours for animal waste operators will be offered from **5-8pm virtually via zoom on Tuesday, November 10th, 2020**. There are several folks that need 6 hours by 12/31/2020 so this session will certainly help you. Please email

[Nancy Keith](#), by Friday, November 6th so that she can send you link for the virtual session or call 704-873-0507 if you have questions.



## ANIMAL WASTE OPERATORS



### 2020 NC Dairy Winter Management Series

The series will consist of three monthly webinars from October through December. Each webinar will be recorded so that producers who cannot join during the live session can access the information at another time through the [NCSU Dairy Portal](#).

For more information and for the virtual webinar links check out the [Winter Dairy Series Page](#).

**The upcoming dates are:**  
**November 18th (12pm)**  
**December 9th (12pm)**

## Family Consumer Science

### Maintain, Don't Gain This Holiday Season

This holiday season, the only thing that should be “stuffed” is the turkey. Many Americans gain between 1 and 5 pounds each holiday season. While it might not sound like much, most people never manage to lose those extra pounds!

You are invited to join the 14th annual Eat Smart, Move More, Maintain, Don't Gain! Holiday Challenge. Rather than focusing on trying to lose weight, this FREE seven-week challenge provides you with strategies and resources to help maintain your weight throughout the holiday season.

**Eat Smart, Move More...**  
**Maintain, don't gain!**

# HOLIDAY Challenge



Last year, more than 40,600 people from around the world participated. Now it's time for the 2020 Holiday Challenge!

Sign up today: <https://esmmweighless.com/holidaychallenge/>

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## Holiday Food Safety

Are you planning on doing some holiday cooking in the coming weeks? If so-- make sure you are food safe savvy for this coming holiday season! Check out the [Holiday and Entertaining](#) guides put out by NCSU and Safeplates!

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## Thanksgiving Slaw

### Ingredients:

For the dressing:

- 1/3 cup oil (your choice)
- 1/4 cup apple cider vinegar
- 2 tablespoons maple syrup
- 4 teaspoons Dijon mustard
- 1/2 teaspoon kosher salt
- 1/2 medium red onion, finely chopped

For the salad:

- 1 small head green cabbage (about 2 1/2 pounds, or about 10 cups shredded cabbage)
- 3/4 cup sliced almonds, toasted
- 3/4 cup dried cranberries (unsweetened)
- 3/4 cup fresh Italian parsley leaves, coarsely chopped
- Kosher salt
- Freshly ground black pepper



### Instructions:

1. Make the dressing: Whisk the vinegar, oil, maple syrup, Dijon, and salt together in a large bowl. Add the red onion and stir to combine. Let sit at least 10 minutes for the flavors to meld. Meanwhile, prepare the cabbage.
2. Make the salad: Cut the cabbage into eight wedges through the core, then cut the core from each piece. Thinly slice the cabbage wedges crosswise to shred.
3. Add the shredded cabbage, almonds, cranberries, and parsley to the dressing and toss to combine. Taste and season with salt and pepper as needed.

## Recipe Notes:

Make ahead: This slaw can sit out at room temperature for up to 2 hours without wilting, making it a great make-ahead or buffet dish.

Storage: Leftover slaw can be stored in an airtight container in the refrigerator for up to 1 day.

## Horticulture

### Fall Bermuda Grass Turf Tips

By: Matt Lenhardt, Horticulture Agent  
NC Cooperative Extension – Iredell County

Bermuda grass is not just for sports turf anymore. With its fast recovery from wear and low cut, bermuda grass has been the standard turf for football and soccer fields and many golf courses for decades. In the last 20 years, new hybrids have also been created for beautiful home lawns. Bermuda grass is a warm-season turf, that grows completely opposite from fescue, a cool-season turf. Bermuda grass requires full sunlight and low mowing height to look it's best, which is also opposite of fescue. It has good heat and drought tolerance, but a word of caution, because of its vigorous root system it "creeps" and can be difficult to remove once established, so before you pick Bermuda as your lawn, make sure it's what you want! For maintenance of Bermuda grass lawns in the fall, cooler temperatures in October/November means it will start transitioning into dormancy for the winter. When this happens, it's time to apply potassium with very low to no nitrogen. Fertilizer analysis vary greatly, so an N-P-K in the ratio of a 1-0-3 (such as a 5-0-17) or 0-0-1 ratio (as in a 0-0-7), or similar will work. Pick out a fertilizer with a pre-emergent herbicide in the bag, also known as a 2 in 1 or "combination" product, to reduce the germination of winter weeds such as annual bluegrass, henbit, and chickweed. But keep an eye on the weather because the timing of fall fertilization/pre-emergents depends on Mother Nature. Especially for bermudagrass (when not overseeding with winter rye) it is recommended to start pre-emergent rounds in mid to late September, as that is when annual bluegrass can germinate if soil temperatures go down in the 70's.

### NC Farm App

NC Farm App Get connected to Iredell County's Local Farmers! Download the App today.

If you would like your farm to be included on the "Visit NC Farms App" contact [Laura Elmore](#) or [Beth Cloninger](#) for more information



## 4-H and Youth Development

### Veteran's Day Info for Kids

Are you unsure how to explain Veteran's Day to your kids, especially





your younger ones? [This video is a great resource to use!](#)

## NC 4-H Hay Bale Decorating Contest

For all 4-H'ers aged 5-18 and their families! Entries are **due November 23rd at Noon.**

[Find out more and be sure to register!](#)



## Coming soon!! 2020 Iredell County 4-H Holiday Craft Workshop

**Saturday, December 12th  
9:00 AM - Noon**

More information coming soon! Check out our [Facebook page](#) or [join our email list!](#)

**Need to get in touch with Iredell Extension Staff?  
--Just click on the person below--**

[Agents/Associates:](#)

Nancy Keith: County Extension Director, Dairy  
Andrea Sherrill: Family & Consumer Science  
Jenny Carleo: Area Specialized Agent, Grain Crops  
Laura Elmore: Livestock and Crops  
Matt Lenhardt: Horticulture  
Taylor Jenkins: 4-H Youth Development  
Kelly Pierce: 4-H Program Associate

**Support Staff:**  
Beth Cloninger  
Stephanie Watts

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**NC Cooperative Extension  
--Iredell County Center--  
704-873-0507**

**<https://iredell.ces.ncsu.edu>**